

MAINTENANCE AND CARE

- The PROGLIDE® should be worn when you shower or bathe unless otherwise instructed by your healthcare provider.
- Before removing the collar, make a notation of the strap location to ensure the device is properly positioned when re-applied.
- Hand wash the padding with mild soap and water and rinse thoroughly, squeezing out any excess water. Do not use any substances containing chlorine or harsh detergents. Allow the padding to air dry completely. Note: It is recommended to purchase a set of replacement padding to use when the device is being cleaned.
- You may wipe clean the PROGLIDE® plastic frame with mild soap and water once the padding is removed.
- Re-attach the padding using the hook and loop coins to secure the padding to the frame, making sure that no plastic comes in contact with the skin.
- Check your skin for redness and irritation often. Contact your healthcare provider immediately if you observe any change in your general state or deterioration of your condition.

INDICATIONS

- Cervical Spine precaution for trauma patients
- Immobilization for pre and post cervical spine surgery
- Degenerative disorders
- Spinal Stenosis
- Spondylolisthesis
- Anterior cervical fusion
- Halo removal
- Dens type 1 cervical fractures of C2 vertebrate
- Anterior discectomy
- Teardrop fracture of the vertebral body
- Cervical strain
- Unstable fracture
- Neural Involvement
- Atlanto-occipital Dislocation

PLEASE READ INSTRUCTIONS BEFORE USE

Proper training in the use of this device should take place before it is applied. These directions are guidelines only and are offered as medical recommendations. This product is intended for application by licensed health care practitioners, physicians and other qualified medical authority. Permanent injury may result from use other than as directed by your healthcare provider. Optec USA specifically disclaims any obligation or liability for injury or damage by reason of any application of this product.

PROGLIDE®

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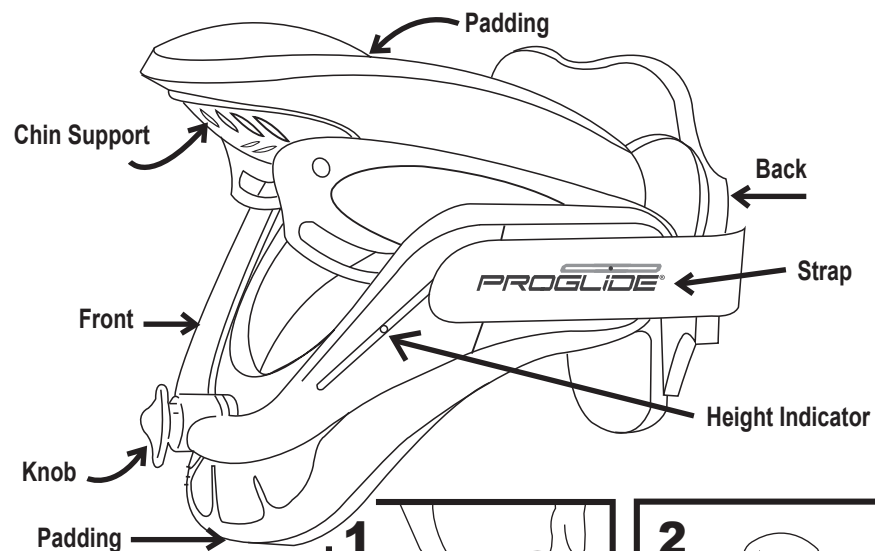
MANUFACTURING SPECIALIST



PROGLIDE®

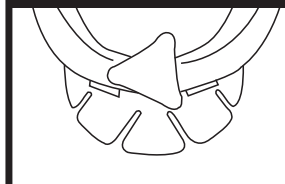
F I T T I N G I N S T R U C T I O N S

The PROGLIDE® cervical collar provides immobilization of the cervical region in a comfortable, easy-to-use device that improves patient care. The unique height adjustment technology allows for customized fitting with a simple turn of the knob. With a one-size-fits-all design, the PROGLIDE® reduces inventory stock and saves money. The PROGLIDE® is a complete solution to individuals with a cervical injury that require the use of an extended wear collar.

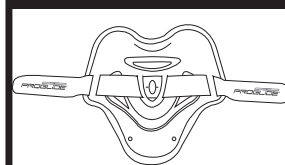


MODEL 172

FRONT VIEW

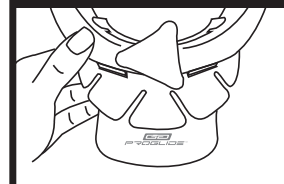


BACK VIEW

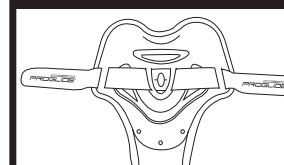


MODEL 174

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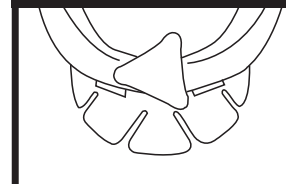


BACK VIEW

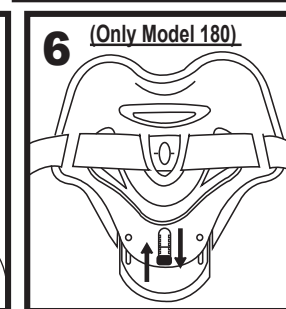
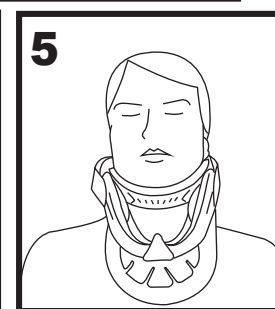
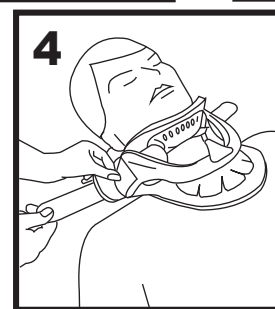
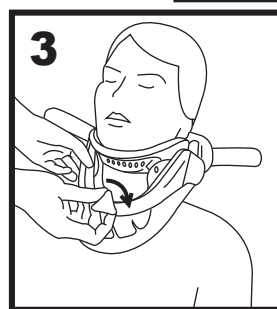
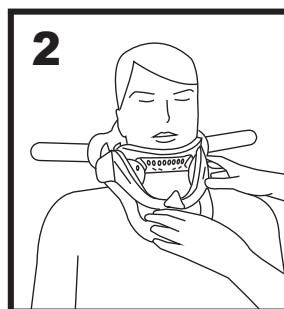
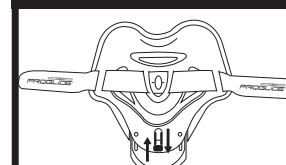


MODEL 180

FRONT VIEW



BACK VIEW



How to fit the PROGLIDE®

Note: This device should be donned and doffed while lying down unless otherwise instructed by your healthcare provider. You will need a second person to assist you in the initial fitting of the cervical collar.

- 1 - Make sure that the patient is lying flat in bed without a pillow. Their arms should be at their side with their head and neck in a neutral position at all times. Carefully, slide the back of the collar behind the patient's neck, making sure the back is centered and the straps are between the patient's ear and the trapezius. (see Figure 1)
- 2 - Slide the front of the collar up the front of the chest, under the chin, so that the ends are resting on the shoulders. (see Figure 2)
- 3 - Hold the front of the collar in place and pull out the knob turning it clockwise to raise the chin support to the appropriate height. Once the desired height is achieved, release the knob to lock the position into place (see Figure 3). The chin support can be lowered by pulling out the knob and turning it counter-clockwise, release the knob to secure the position.
- 4 - Hold the front of the collar in place and snugly attach the straps to the sides of the collar, one side at a time. The straps should be symmetrical on both sides for a proper fit. (See Figure 4)
- 5 - Make sure that there is no space between the front and back pieces and that the chin support does not protrude into the throat region. Also, make sure that no plastic is in direct contact with the skin. (see Figure 5)
- 6 - **(Only Model 180).** To provide height adjustment to the occipital region, pull out knob and slide to desired setting, push down to lock in place.

How to remove the PROGLIDE®

Note: Before removing the collar make a note of where the ends of the straps are on the sides of the collar so that it can be re-applied at the same location.

- 1 - Undo the hook and loop straps, one at a time.
- 2 - Remove the front of the collar by sliding it down the chest and lifting it away from the body.
- 3 - Remove the back of the collar by sliding it out from under the neck.

Warranty: OPTEC USA products are warranted for free repair or replacement due to manufacturer's defects within 90 days of the date of purchase or the date fitted.